

**Daily Meal Price including Milk or 114ml Juice \$4.50**

**Sandwiches (Pre order)**  
 Egg Salad Sandwich \$3.00  
 Chicken Sandwich \$3.35  
 Ham & Cheese Sandwich \$3.35  
 6" Turkey Sub \$4.25  
 6" Ham or Deli Sub \$3.75  
 Chicken Snack Wrap \$3.00  
 Sandwich Wraps \$3.50-\$5.00

**Drinks (Daily):**  
 White Milk 250ml/500ml \$0.40/\$0.80  
 Chocolate Milk 250ml/500ml \$1.80/\$2.85  
 Juice 200ml/340ml \$1.25/\$1.75  
 Water 500ml/591ml \$1.50/\$2.00

**Salads (Pre order):**  
 Caesar Salad \$3.25  
 Garden Salad \$3.25  
 Pasta Salad \$3.25

**Twice a week assortment:**  
 7" Garlic Fingers w. Sauce \$4.00  
 Turkey Pepperoni Calzone \$4.75  
 Chicken Parmesan Wrap \$4.50  
 Chicken Burger /WW Bun \$3.75  
 4oz Chicken Fingers w/Dip \$4.00  
 Small Baked Fries/Wedges \$2.25

**Snacks:**  
 Veggie sticks w. Dip \$1.50  
 Fruit Kebob \$2.25  
 Low Fat Cookie \$0.65  
 Breadsticks \$1.50  
 Cinnamon Bun \$1.50  
 Rice Krispy Square \$0.80  
 Reduced Fat Banana Loaf \$1.30  
 Small Low Fat Muffins \$1.00  
 Yogurt 100g \$1.25  
 Fruit Cup (3oz) \$1.75  
 Yogurt and Berry Cup \$2.00  
 Pudding Cup (180ml) \$1.75  
 Fruit Smoothie (8oz) \$2.25  
 Frozen Yogurt cup (115ml) \$1.25

	Menu Dates	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meals Week 1</b>	September 6-9 September 19-23 October 3-7 October 17-21 October 31-Nov. 4 November 14-18 November 28-Dec. 2 December 12-16 January 9-13 January 23-27 February 6-10 February 20-24	Spaghetti and Meat Sauce with Caesar Salad OR Garlic Breadstick	Soft Beef Taco served with Mexican Rice and Corn	Pulled Pork on a bun Served with Side Caesar Salad	THURSDAY THEME DAY!  Special will be advertised ahead by Supervisor	BBQ Chicken Drumstick served with Mashed Potato and Hot Veggies
<b>Meals Week 2</b>	September 12-16 September 26-30 October 10 -14 October 24-28 November 7-11 November 21-25 December 5-9 December 19-23 January 2-6 January 16-20 January 30-February 3 February 13-17 February 27 – March 3	Creamy Macaroni and Cheese served with Garlic Breadstick OR Side Salad	Pancakes topped with Mixed Berries and served with Syrup	Hot Chicken Bowl with Mashed Potatoes and Veggies	Fresh made Burger with Lettuce and Tomato and served with Mashed Potato or Side Salad	Chicken Quesadilla With side of Rice

**Every Day Favorites!**

**Pizza Slice \$3.25, Grilled Cheese \$2.85, Hamburgers \$3.00, Whole Fruit Slush Cups \$1.25**

<b>Each Week</b>						
	<b>Daily Combo (Includes Box Juice) \$5.00</b>	Gourmet Grilled Cheese Sandwich with Soup or Baked Potato Wedges	Buffalo Crispy Chicken Caesar Flat Bread Wrap	Pizza Grilled Cheese Sandwich with a side Caesar Salad	Chicken Nuggets with Baked Potato Wedges	Garlic Slice with Caesar Salad